

BREAKFAST

THE MINI

8.45

Fried egg and cheese on an English muffin with your choice of bacon, ham, sausage, or avocado

BREAKFAST BAGEL

11.65

Fried egg, cheese, tomato, sprouts, your choice of bacon, ham, sausage or avocado, on a toasted bagel with mayo

BREAKFAST CLUB

14.85

Fried egg, bacon, ham, lettuce, tomato and cheddar cheese on toasted bread

ALPINE START

13.75

Two eggs any style, fresh fruit and an order of toast

SUMMIT OATMEAL

12.45

Old-fashioned rolled oats served with raisins, cinnamon, brown sugar and fresh fruit

BREAKFAST PARFAIT

12.95

Home-made granola served with fruit and yogurt

FRENCH TOAST

16.95

Three slabs of French toast served with fresh fruit

TRADITIONAL BREAKFAST

17.95

Two eggs any style, hash browns, toast and your choice of bacon, ham, sausage or avocado

SIDES

- TOAST

5.25
- TOASTED BAGEL

5.25
- AVOCADO

5.25
- SLICED TOMATOES

3.95
- BACON, HAM, OR SAUSAGE

5.25
- ONE EGG ANY STYLE

3.45
- HOME FRIED POTATOES

5.25
- HASH BROWNS

5.25
- CHIPS & SALSA

4.75
- FRUIT CUP

5.25
- HOLLANDAISE SAUCE

3.95
- SOUR CREAM

1.95
- CHEESE

1.95
- SALSA

1.95
- SUBSTITUTE GLUTEN-FREE TOAST FOR \$2.00

PLEASE ORDER
AT THE COUNTER

GROUPS LARGER THAN SIX PLEASE SIT AT SEPARATE TABLES



THE BREAKAWAY

18.95

Two eggs any style, avocado, fresh fruit and your choice of bacon, ham or sausage

WAFFLE BREAKFAST

17.95

Two eggs any style, a Belgian waffle and your choice of bacon, ham or sausage

POWER BREAKFAST

20.95

Avocado, tomato and scrambled eggs on a toasted bagel with fresh fruit and hash browns

HUEVOS RANCHEROS

21.95

Two eggs any style, avocado, cheese, hash browns, refried beans, salsa and sour cream, served on a tortilla

EGGS BENEDICT

WEEKENDS ONLY

21.95

Two poached eggs on an English muffin with home-made hollandaise sauce, served with fresh fruit and hash browns

CLASSIC (BACK BACON), PACIFIC (SMOKED SALMON), FLORENTINE (SPINACH), CALIFORNIA (AVOCADO & TOMATO)

OMELETTE

19.95

Made to order with your choice of fillings, served with hash browns and toast

BREAKFAST BURRITO

19.95

Scrambled eggs with your choice of fillings rolled in a tortilla, served with salsa, sour cream and hash browns

BOWNESS SCRAMBLE

19.95

Scrambled eggs with your choice of fillings served on a bed of hash browns with toast

THE FILLINGS

- BACON | HAM | SAUSAGE | AVOCADO |

CHEDDAR | SWISS | GOUDA |

PEPPERS | ONIONS | TOMATOES |

MUSHROOMS

KIDS

KID'S GRILLED CHEESE

12.65

Melted cheese on grilled whole wheat bread

KID'S QUESADILLA

12.65

Melted cheese in a crispy tortilla

KID'S BREAKFAST

12.65

One egg any style, a slab of French toast and your choice of bacon, ham or sausage

KID'S WAFFLE

8.45

A Belgian waffle served with fresh fruit

PLEASE ADVISE SERVER OF ALLERGIES

WRAPS

VEGGIE

Avocado, lettuce, tomato, cucumbers, peppers, sprouts and hummus

13.65

CLUBHOUSE

Turkey, bacon, ham, lettuce, tomato, cheddar cheese and mayo

16.75

CHICKEN CAESAR

Sliced chicken breast, bacon, lettuce, onion and caesar dressing

14.65

GREEK CHICKEN

Sliced chicken breast, lettuce, tomato, onion, cucumber, peppers, black olives, feta cheese, tzatziki sauce

15.75

BURGERS

SERVED WITH HOME FRIED POTATOES, SOUP, OR SALAD

CLASSIC

A prime rib patty topped with lettuce, tomato and onion, served on Kaiser bun with mayo and mustard

18.95

CALIFORNIA

A prime rib patty topped with avocado, tomato, onion, salsa and Swiss cheese, served on Kaiser bun with mayo and mustard

20.95

BISON

A pure bison patty topped with lettuce, tomato and onion, served on Kaiser bun with mayo and mustard

19.95

VEGGIE

A garden vegetable patty topped with lettuce, tomato and onion, served on Kaiser bun with mayo and mustard

17.95

SALADS

SERVED WITH GARLIC TOAST

GARDEN

SMALL 11.45 **LARGE** 15.65

Leaf lettuce, tomato, cucumber, sprouts, onions, red and green peppers

CAESAR

SMALL 11.45 **LARGE** 15.65

Crisp romaine lettuce, bacon, croutons, parmesan cheese and caesar dressing

GREEK

SMALL 11.45 **LARGE** 15.65

Crisp romaine lettuce, cucumbers, tomatoes, onions, peppers, black olives and feta cheese

COMMITTEE

SMALL 11.45 **LARGE** 15.65

Crisp romaine lettuce, avocado, oranges, toasted seeds, almonds, red onion and our house vinaigrette



GRILL

SERVED WITH HOME FRIED POTATOES, SOUP, OR SALAD

ALT OR BLT

Avocado or bacon with lettuce and tomato on toasted bread
Enjoy both for an extra \$1.00

17.95

DENVER

Grilled egg, ham, onions, tomato and peppers served on toasted bread

17.95

REUBEN

Montreal smoked meat, Swiss cheese and sauerkraut on grilled rye bread with thousand island dressing

18.95

TUNA MELT

Tuna salad topped with melted cheese on toasted French bread

17.95

CLUBHOUSE

Turkey, bacon, ham, lettuce, tomato, cheddar cheese on toasted bread with mayo

20.95

MONTE CRISTO

Turkey, ham and Swiss cheese served on lightly grilled bread dipped in egg

18.95

TURKEY AVOCADO BLT

Turkey, avocado, bacon, lettuce, tomato and Swiss cheese, served on toasted rye bread with mayo

20.95

GRILLED BACON & CHEESE

Two types of cheese, crisp bacon and tomato served on grilled whole wheat bread

18.95

SOUP

SERVED WITH GARLIC TOAST

HOME MADE SOUP

CUP 8.35

BOWL 10.45

SANDWICHES

BUILD YOUR OWN

HAM | TURKEY | VEGGIE | TUNA SALAD
MONTREAL SMOKED | ROAST BEEF

HALF 10.45

FULL 14.65